

## Fall Protection Course Description

### Terminal Learning Objective (TLO):

Upon completion of this training course, participants will have a greater awareness of: their rights and their employer's responsibilities under OSHA; the working conditions that prompt the use of fall protection; and, the options that are available to protect workers from falls.

### Enabling Learning Objectives (ELOs):

The participants will be able to:

- Describe their rights under the Occupational Safety & Health Act,
- Describe their employer's responsibilities under the Occupational Safety & Health Act,
- Recognize a variety of fall hazards in the workplace,
- Discuss the best work practices in the prevention of falls,
- List at least four methods (systems) of fall protection available for protecting workers, and
- Properly don a full-body harness with lanyard.

### Training Outline

<u>Module</u>	<u>Topic</u>	<u>Duration (in Minutes)</u>
1	Introduction, Sign-In, Safety Briefing, Pre-Test	10
2	Worker Rights under the OSH Act (PPT, handouts, lecture, discussion)	10
3	Employer Responsibilities under the OSH Act (PPT, handouts, lecture, discussion)	10
4	Introduction to Fall Hazards and Protection (PPT, lecture)	5
5	Fall Protection (NIOSH) (video, discussion)	10
6	Recognizing Fall Hazards in the Workplace (PPT, on-site photos, discussion)	10
7	Recognizing Unsafe Work Practices in the Workplace (PPT, on-site photos, discussion)	10
8	Fall Prevention vs. Fall Protection (PPT, discussion)	5
9	Personal Fall Arrest Systems (demonstration, hands-on training)	10
10	Review, Post-Test, Level 1 Evaluations, and Wrap-Up	10
	Total Time:	90