

Neutral

1.

## Wrist Position Examples (circle the correct posture)

Inline grip



Neutral or Awkward

Pistol grip



Neutral or Awkward

Pistol grip



Neutral or Awkward

Inline grip



Neutral or Awkward

Awkward

Neutral

Awkward

Neutral

2. Other than posture name two factors that contribute to MSDs.      Duration, Force, Frequency

3. Name one of the two major reasons that ergonomic programs fail.

Lack of management commitment

Trying to do too much too fast

4. Using pistol grip handles always produces neutral postures. T F

6. There are 7 steps to ergonomic improvement T F

7. A process is never ending T F

Name

Date