

Slips/Trips/Falls Safety Training – Quiz

1. Good housekeeping is the best method of preventing daily slips/trips/falls?
True / False
2. Covers & grating protect employees from which of the following hazards?
 - Open pits, tanks, vats, manholes
 - Slippery/wet floors due to spills
 - Falling from heights
3. Guardrails and toe boards protect employees from hazards in/on which of the following?
 - Wet surfaces from rain, snow and ice
 - Elevated work platforms, mezzanines, objects falling from above
 - Mounted ladders
4. How many points of contact should a person have on a ladder at all times?
 - 4
 - 3
 - 2
5. It is safe to use the top step of a ladder? True / False
6. If a defective ladder is found, immediately mark it defective or tag it "Do Not Use" and withdraw it from service until repaired. True / False
7. Portable ladders should be inspected every time you use them? True / False
8. Which of the following are common fall protection systems?
 - Stair rail handles
 - Safety nets
 - Walking, not running
 - Proper foot wear
9. During a fall, the impact velocity from free-falling from 12 feet is nearly how many miles per hour?
 - 5 mph
 - 10 mph
 - 20 mph
10. Which one of the below options is a purpose of fall arrest systems:
 - To allow workers to not focus on how high they are working
 - To prevent a worker from contacting any lower level during arrest of a fall
 - To allow workers to listen to radios and other distractions while they are working
 - To avoid slipping in puddles on elevated surfaces