

## Train-The-Trainer

Pre-Test

Post-Test

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

True or False: For each statement below, circle T or F

1	T	F	The three most important elements that create the learning environment are the trainer, the materials, and the administration.
2	T	F	Checklists should not be necessary if the trainer is fully prepared.
3	T	F	The following four characteristics describe a good trainer-- patient, flexible, gives positive feedback, and is prepared.
4	T	F	To avoid confusion only use one learning technique.
5	T	F	People remember about 40% of the information they just read.
6	T	F	Always provide training objectives so the trainees understand expectations.
7	T	F	Playing a game can be an effective training method.
8	T	F	Temperature, comfort of chairs, space, avoiding distractions, furniture arrangement, lighting and restrooms are all important factors of a learning environment.
9	T	F	Asking questions is considered a participative training method.
10	T	F	Using questions is a powerful way to solicit participation from trainees, but should be used sparingly to maximize impact.
11	T	F	Anticipating questions is part of training preparation.
12	T	F	When structuring an exercise you should assume your trainees have no idea about what you're talking about.

**Please see back of page to complete quiz**

This material was produced and/or reviewed under grant SH-31243-SH7 from the Occupational Safety and Health Administration, U.S. Department of Labor. It does not necessarily reflect the views or policies of the U.S. Department of Labor, nor does mention of trade names, commercial products or organizations imply endorsement by the U.S. Government.

13	T	F	When showing a graphic to illustrate the right and/or wrong way of doing something, you should always show both, in that order.
14	T	F	When training, you should smile constantly.
15	T	F	The seven slide rule has to do with the amount of information on each slide.
16	T	F	V3 has to do with the three most important elements of writing training objectives.
17	T	F	A transition can be used in place of an adjective.
18	T	F	A good trainer will make people learn.
19	T	F	When speaking to your training audience you should use a filler word when you lose your train of thought.
20	T	F	When using video, the room should always be as dark as possible.